

"30 Days of Memories"

Designed by: Amber Packer (www.amberpacker.com)

Featuring: My Mind's Eye, Lush 2 (www.mymindseye.typepad.com)

Is your life in a rhythm? Are you feeling like the same things happen all the time? Mix your life up a bit and learn to enjoy those around you with 30 Days of Memories .

Win, win, win: Sign up for the My Mind's Eye monthly newsletter and be entered to win a Cricut Expression or Cuttlebug: <http://www.mymindseye.com/Newsletter-Subscribe.asp>

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Supplies (as designed):

- 1 – My Mind's Eye Lush 2 - Orange Flocked Journaling Pad
- 1 – My Mind's Eye Lush 2 - Turquoise Flocked Journaling Pad
- 1 – My Mind's Eye Lush 2 - Navy Flocked Journaling Pad
- Mixture of: Lush 2 Orange, Turquoise and Navy buttons, brads, ribbons and rhinestones

Consider adding the My Mind's Eye Lush 2: Fuchsia for a fun pop of "girly".

Also Used: Glass apothecary jar, tape runner, glue dots

Instructions:

1. Print "30 Days of Memories" circle tag and add to center of a circle journaling spot.
2. Embellish.
3. Tie to bottom of apothecary jar with ribbon.
4. Carefully tear out 30 journaling spots (an even number from each color).
5. Trim off any rough edges using scissors.
6. Write on each journaling spot something fun to do each day such as:
 - Backwards day
 - Pirate day
 - Indoor picnic (we did this a lot growing up)
 - Breakfast for dinner
 - Eat under the table
 - Dance like crazy to music
 - Make cookies and share them
 - Drink hot chocolate with dinner
 - Give everyone crazy hair styles
 - Write a thank you note to someone
 - Ask the question: if you could go anywhere on vacation, where would you go and why?
 - Cowboy day



- Space explorer day
- Princess day
- Brave knight day
- Do the dishes together
- Paint everyone's toenails
- Star gazing
- Backyard games
- Read a story
- Fancy dress for dinner
- Watch a movie (on the weekend)
- Go get ice cream
- Take a bike ride
- Fly a kite
- Play catch
- Take public transit somewhere
- Go for a walk together
- Play board games
- Have an indoor scavenger hunt
- Take a drive to the mountains
- Work on a puzzle
- Play with clay
- Do a puppet show (or act out a play)
- Camp out in the TV room (or backyard)
- Make an indoor tent for the kids
- Sing songs
- Write a letter to grandparents
- Make your own pizza
- Look through scrapbooks
- Start a family journal
- Do a kind deed in secret together
- Draw names and do nice thing all day for the person whose name you pulled.

7. Add ribbon, buttons, brads and rhinestones as desired.

8. Stuff in jar, pull out one per day and enjoy!



Amber and My Mind's Eye!

